EasyMotionSkin

HIGHLY EFFICIENT EMS TRAINING

# EMS – IT SPEAKS YOUR BODY'S LANGUAGE

Electrical Muscle Stimulation (EMS) stimulates over 90 per cent of your muscular system simultaneously and evenly across your body. Dynamic EMS training is up to 20 times more efficient than a regular workout.

#### FREE TO MOVE

The EasyMotionSkin gives you maximum freedom of movement. Limiting factors become history thanks to th use of Bluetooth® technology.

## HIGHTECH TEXTILES

Its elastic high-tech fibres with antibacterial properties create a unique training effect. The materials used are light, hard-wearing, durable and washable.

#### DRY ELECTRODES

The MotionSkin's patented dry electrodes require no additional moisture or functional underwear.

### INDIVIDUAL FREEDOM

Achieve optimal results from your training many times over.

Convenient to use irrespective of time and place.

Suitable for all types of training and performance levels.

# HEALTH AND TRAINING EFFECTS

Numerous studies and scientific papers document the beneficial effects of EMS training.

#### TRAINING AND ADVICE

Personal recommendations and expert advise from our in-house sales team give you everything you need to know about the highly efficient training system.

# HIGHTECH MADE IN GERMANY

The Easy Motion Skin® is developed and produced only in Germany in order to ensure the highest development goals and quality standards.

#### APP CONTROL

The app is easy to use and full of handy features which characterise next generation EMS training.



