

EASY MOTION SKIN



EMS & GYM

Efficient symbiosis





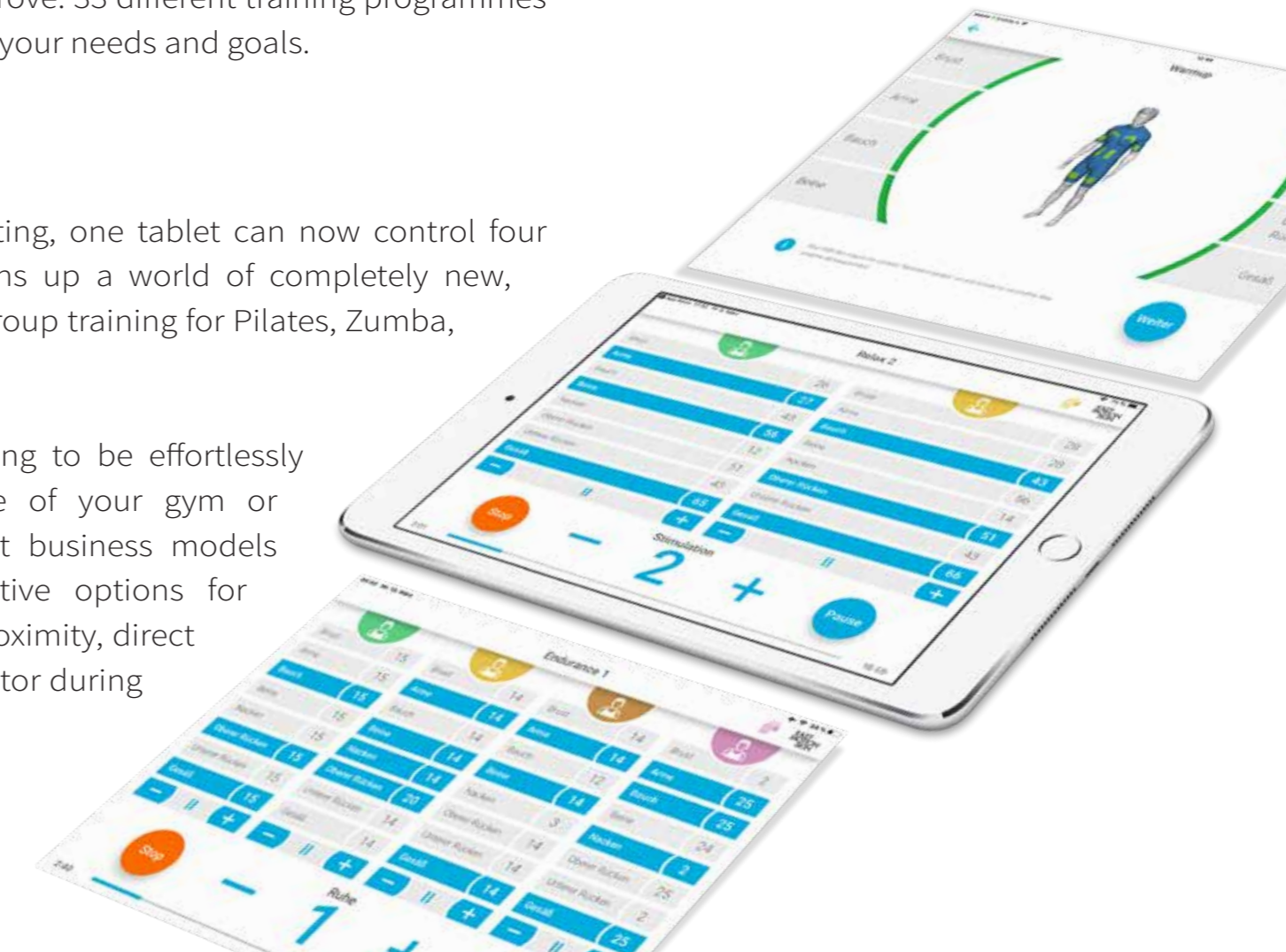
Effective and customised

The system's high training efficiency keeps your body sustainably fit and healthy. No other sporting equipment enables you to achieve such outstanding results in such a short training time. Almost immediately your well-being and zest for life will improve. 33 different training programmes offer tailored training, according to your needs and goals.

NEW Multi-user training

Thanks to the new multi-user setting, one tablet can now control four powerboxes. This innovation opens up a world of completely new, easy-to-implement options. EMS group training for Pilates, Zumba, aerobics, boxing and yoga!

EasyMotionSkin allows EMS training to be effortlessly integrated into the everyday life of your gym or studio, offering new, cost-efficient business models for operators as well as attractive options for trainers. The benefits: customer proximity, direct communication and a fresh fun factor during group training.



Technology

EMS training with EasyMotionSkin combines all the important aspects of a balanced fitness training programme. Patented dry electrodes and wireless training management enable dynamics, efficiency, mobility and fun to be brought into harmony with the most efficient form of training yet. The advancement of medical electrical stimulation technology makes it possible to use EMS as a form of high-intensity training, or as an aid in popular forms of exercise such as walking, cycling or jogging. Developed by doctors, the regeneration programmes also provide the perfect way to relax after a workout or a long day.



Training results

Medical studies confirm the effect and efficiency of training with EasyMotionSkin.

93 %

Muscles are trained simultaneously without straining the joints

18x

More time efficient than traditional training

33 %

Improved strength after 6 weeks with only 2x 20 min sessions/week

35 %

Improved stamina after 4-6 weeks with only 2x 20 min sessions/week

3x

Burns more calories than traditional training



TRENDING

New attractions in the gym

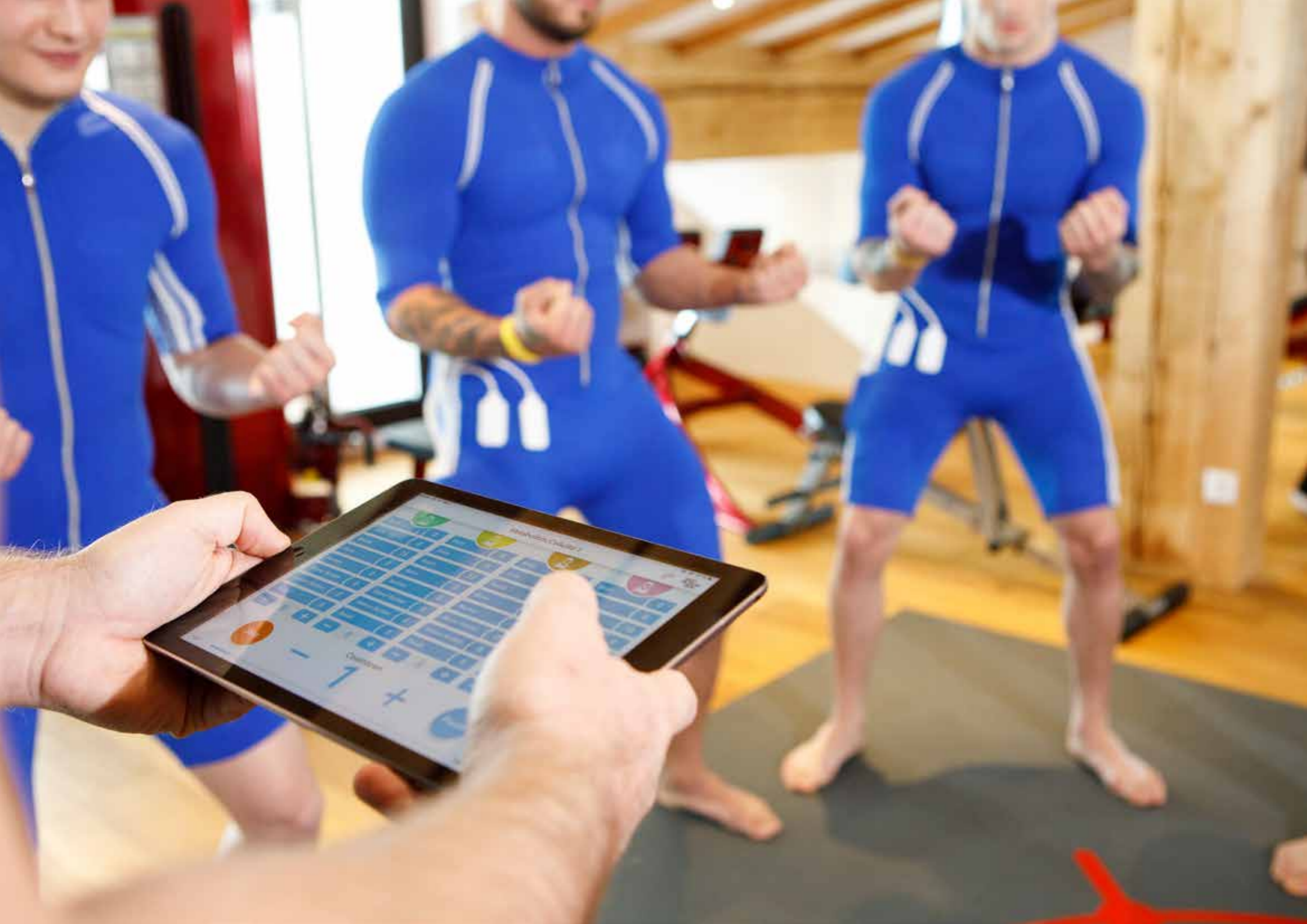


Gym integration

EasyMotionSkin offers the most innovative EMS technology on the market—made in Germany: flexible, no water, no cables. The integration of EasyMotionSkin into fitness environments, training areas, group training sessions or spa and beauty zones is very much in vogue, and offers an attractive additional business opportunity that can be easily included in your service range and/or everyday life. A win-win for gym operators, personal trainers and sports fans alike.

Training for small groups of up to 4 people

The new option to hold training sessions for small groups is especially popular and easy to implement: 1 trainer, 1 tablet (to manage the training) and up to 4 clients in EasyMotionSkin. The trainer directs the group in joint exercises as well as individually, and can thus respond in a tailored manner to different performance levels and needs. One tool to manage everything and maximum output—as well as a fun training experience that brings people together.



EMS gyms

Innovative EasyMotionSkin technology provides thousands of new options for each EMS gym concept. We offer you and your customers wireless EasyMotionSkins and vest sets for a range of needs depending on location and training frequency.

Personal trainers

EasyMotionSkin is a future-oriented, practical tool for personal trainers, because the usage options are almost endless—whether for beginners or world champions. EasyMotionSkin offers you the flexibility and freedom of being able to train anytime, anywhere.

HIGHLIGHTS

Everything but competition



MADE IN GERMANY

Hightech Made in Germany

In order to meet high design objectives and quality requirements, EasyMotionSkin develops and manufactures its products exclusively in Germany.

Dynamic EMS training

Strength, cardiovascular or metabolic sessions in static or dynamic form can be carried out in conjunction with traditional training methods, both indoors and outdoors.

Health and training effects

A number of scientifically recognised studies show the positive effects of EMS training.

Training and support

Personal recommendations and expert support in direct marketing ensure the perfect training for the world's most efficient training concept.

INNOVATIONS

Training & Hightech



Wireless and free

EasyMotionSkin allows maximum freedom of movement. Restrictive factors are a thing of the past thanks to Bluetooth® technology.

Patented dry electrodes

Thanks to the patented dry electrodes which cling tightly to your skin, no additional soaking of the EasyMotionSkin or functional underwear is required.

Hightech textiles

The high elasticity of the antibacterial hightech fibres ensures a unique fit. The materials used are lightweight, durable, long-lasting, and machine washable.

App control & tracking

The intuitive and easy-to-use iOS app is packed with useful features to make life easier for trainers and to give clients the opportunity to view their training history.



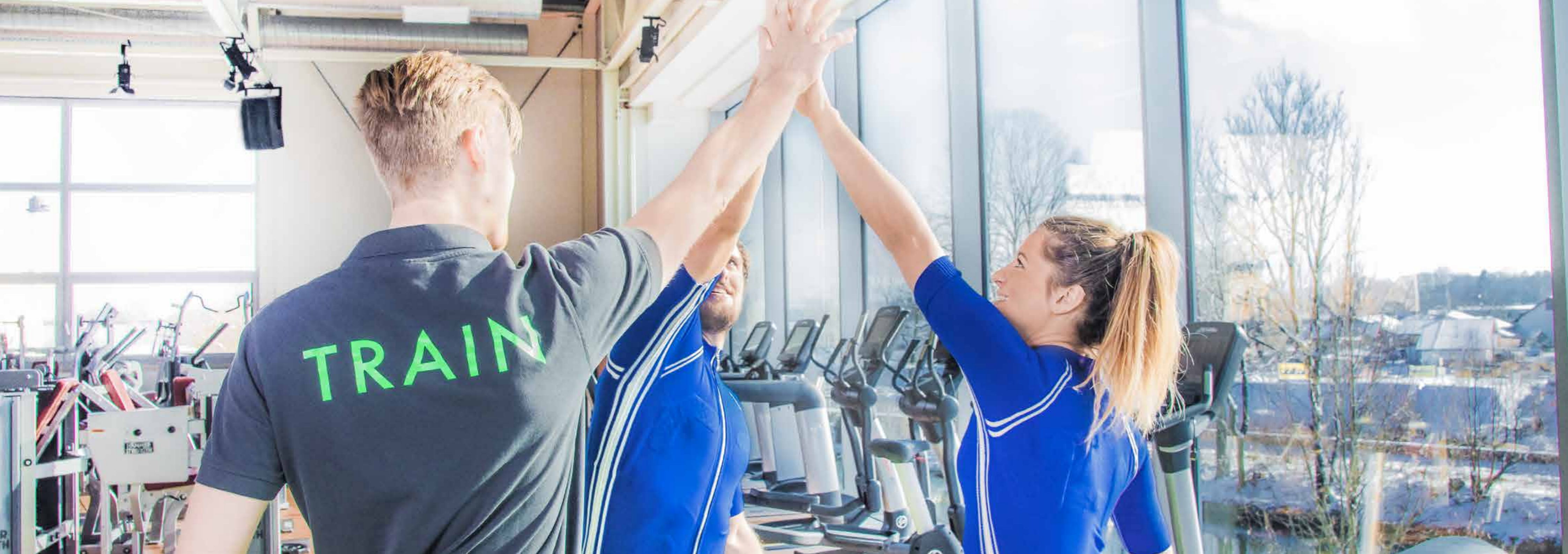
Developed by doctors

Professor Fritzsche is a heart surgeon and senior consultant at the Sana Heart Centre in Cottbus. He and his team are heavily involved in the design and further development of EasyMotionSkin.



Professor Fritzsche recognised the weaknesses of EMS technology and developed the first wireless, internally connected EMS system as part of a project funded by the Federal Ministry of Science. He also went on to patent the first dry electrode, allowing EMS training to take place without additional moisture.

Throughout the development period, he initiated and supervised more than 2000 training sessions of patients with cardiac insufficiency at the Heart Centre in North Rhine-Westphalia. The astounding results of Professor Fritzsche and his team were published in various publications.



TRAIN

**EASY
MOTION
SKIN**

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